

Patient Health Questionnaire

American Chiropractic Network

ACN Use Only rev 4/23/99

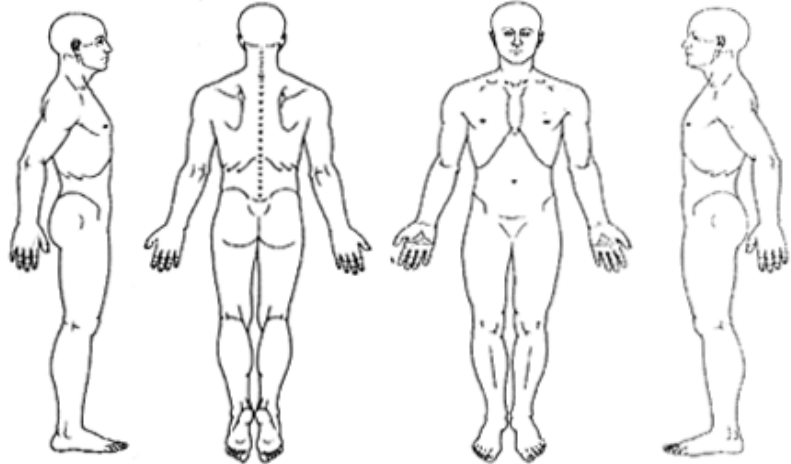
Patient Name _____

Date _____

1. When did your symptoms start: _____ Describe your symptoms and how they began: _____

2. How often do you experience your symptoms? Indicate where you have pain or other symptoms

- ① Constantly (76-100% of the day)
- ② Frequently (51-75% of the day)
- ③ Occasionally (26-50% of the day)
- ④ Intermittently (0-25% of the day)



3. What describes the nature of your symptoms?

- ① Sharp ④ Shooting
- ② Dull ache ⑤ Burning
- ③ Numb ⑥ Tingling

4. How are your symptoms changing?

- ① Getting Better
- ② Not Changing
- ③ Getting Worse

5. How bad are your symptoms at their:

- None Unbearable
- a. worst: ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩
- b. best: ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

6. How do your symptoms affect your ability to perform daily activities?

- ① No complaints ② Mild, forgotten with activity ③ Moderate, interferes with activity ④ Limiting, prevents full activity ⑤ Intense, preoccupied with seeking relief ⑥ Severe, no activity possible

7. What activities make your symptoms worse: _____

8. What activities make your symptoms better: _____

9. Who have you seen for your symptoms?

- ① No One ③ Medical Doctor ⑤ Other
- ② Other Chiropractor ④ Physical Therapist

a. When and what treatment? _____

b. What tests have you had for your symptoms and when were they performed?

- ① Xrays date: _____ ③ CT Scan date: _____
- ② MRI date: _____ ④ Other date: _____

10. Have you had similar symptoms in the past?

- ① Yes ② No

a. If you have received treatment in the past for the same or similar symptoms, who did you see?

- ① This Office ③ Medical Doctor ⑤ Other
- ② Other Chiropractor ④ Physical Therapist

11. What is your occupation?

- ① Professional/Executive ④ Laborer ⑦ Retired
- ② White Collar/Secretarial ⑤ Homemaker ⑧ Other
- ③ Tradesperson ⑥ FT Student

a. If you are not retired, a homemaker, or a student, what is your current work status?

- ① Full-time ③ Self-employed ⑤ Off work
- ② Part-time ④ Unemployed ⑥ Other

12. What do you hope to get from your visit/treatment (select all that apply):

- ① Reduce symptoms ③ Explanation of condition/treatment ⑤ How to prevent this from occurring again
- ② Resume/increase activity ④ Learn how to take care of this on my own ⑥

Patient Signature _____

Date _____

